

GENERAL INFORMATION:

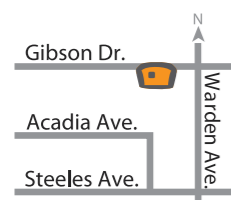
- Full payment can be made using cash, cheque (payable to 105 Gibson Centre), or credit card. Class materials may incur additional charges.
- Registrants may receive full refund if they decide to withdraw two weeks before the first class
- If the program is cancelled due to insufficient enrollment or other unforeseen circumstances, the registered participants will receive a full refund.
- Program fee is not transferable and is only applicable to the activity listed on the receipt.
- 105 Gibson Centre reserves the right to cancel or postpone any program/event.
- NO CLASSES on public holidays. Please pay attention to the announcement in class.
- Activities and programs are subject to change.
- Full refund will be issued only if withdraw two weeks before the first lesson or class cancelled.
- NO refund will be allowed after second lesson.
- \$5 Administration Fee will be charged for any class withdrawal.

105 GIBSON CENTRE - HOURS OF OPERATIONS

Monday - Friday : 10 am - 10 pm
 Saturday : 9 am - 10 pm
 Closed on Sundays and Statutory Holidays

CULTURAL CAFÉ - HOURS OF OPERATIONS

Monday - Friday : 11 am - 7 pm
 Saturday : 11 am - 4 pm
 Closed on Sundays and Statutory Holidays



105 Gibson Drive,
 Markham, ON L3R 3K7
 Tel: 905.946.8787
 Fax: 905.477.9152
 Email: info@105gibson.com
 www.105gibson.com



@105Gibson

SPORTS & EXERCISE

Code	Course Name	Fee	Start Date	End Date	Weekday	Time	# Classes	Age	Lang.*	Remarks
ELD101	Line Dance Level 1 [Term 1]	\$25	Jan 7	Feb 25	Monday	10:30am - 11:45am	5	Age 18+	E / C	Taught by a certified line dance instructor and is designed for those with some line dance experience.
ELD102	Line Dance Level 1 [Term 2]	\$45	Mar 4	Apr 29	Monday	10:30am - 11:45am	9			
STA	Taekwondo (White Belt to Green Belt)	\$285 / 25 Classes	Jan 21	Apr 22	Monday	5:00pm - 6:00pm	-	Age 5-9	E / K / C / M	Learn techniques, patterns, sparring, self-defense and theories. This program is affiliated with the International TaeKwon-Do Federation. Students can obtain international recognition level and qualifications. Visit choongmootkd.com for more details.
STB	Taekwondo (Blue Belt to Black Belt)	\$505 / 50 Classes \$880 / 100 Classes	Jan 21	Apr 22	Monday	6:00pm - 7:00pm	-	Age 10+		
SSH	Hoop and Shoot	\$42	Feb 26	May 14	Tuesday	4:00pm - 5:30pm	11	All Ages	E / C	Basketball skills such as physical training, passing, dribbling, shooting, defense, rules, match basics, sportsmanship and team spirit.
STA	Taekwondo (White Belt to Green Belt)	\$285 / 25 Classes	Jan 22	Apr 23	Tuesday	5:00pm - 6:00pm	-	Age 5-9	E / K / C / M	Learn techniques, patterns, sparring, self-defense and theories. This program is affiliated with the International TaeKwon-Do Federation. Students can obtain international recognition level and qualifications. Visit choongmootkd.com for more details.
STB	Taekwondo (Blue Belt to Black Belt)	\$505 / 50 Classes \$880 / 100 Classes	Jan 22	Apr 23	Tuesday	6:00pm - 7:00pm	-	Age 10+		
ETC01	Tai Chi [Term 1]	\$35	Jan 10	Feb 28	Thursday	2:00pm - 3:00pm	7	Age 18+	E / C	The gentle movements reduce stress and restore calmness. Improve balance, flexibility, circulation, and well-being.
ETC02	Tai Chi [Term 2]	\$35	Mar 7	Apr 18	Thursday	2:00pm - 3:00pm	7			
VIPTC01	VIP Tai Chi Classes [Term 1]	\$21	Jan 10	Feb 28	Thursday	3:00pm - 4:00pm	7	Age 18+	E / C	The class is designed for the "Visually Impaired People" and their family members. It will cover Yang style Tai Chi and information on healthy living. The Tai Chi movements will be adjusted in accordance with the needs and capability of the VIP.
VIPTC02	VIP Tai Chi Classes [Term 2]	\$21	Mar 7	Apr 18	Thursday	3:00pm - 4:00pm	7			
STA	Taekwondo (White Belt to Green Belt)	\$285 / 25 Classes	Jan 24	Apr 25	Thursday	5:00pm - 6:00pm	-	Age 5-9	E / K / C / M	Learn techniques, patterns, sparring, self-defense and theories. This program is affiliated with the International TaeKwon-Do Federation. Students can obtain international recognition level and qualifications. Visit choongmootkd.com for more details.
STB	Taekwondo (Blue Belt to Black Belt)	\$505 / 50 Classes \$880 / 100 Classes	Jan 24	Apr 25	Thursday	6:00pm - 7:00pm	-	Age 10+		
EZF01	Zumba Fitness [Term 1]	\$20	Jan 11	Feb 22	Friday	1:00pm - 2:15pm	4	Age 18+	E / C	Taught by a certified Zumba instructor to exercise different body parts and strengthen muscle.
EZF02	Zumba Fitness [Term 2]	\$40	Mar 1	Apr 26	Friday	1:00pm - 2:15pm	8			
ELD201	Line Dance Level 2 [Term 1]	\$20	Jan 11	Feb 22	Friday	2:30pm - 4:00pm	4	Age 18+	E / C	Taught by a certified line dance instructor and is designed for those with some line dance experience.
ELD202	Line Dance Level 2 [Term 2]	\$40	Mar 1	Apr 26	Friday	2:30pm - 4:00pm	8			
SK00	Karate	\$30/mth. \$25/mth for additional family members	Jan 4	Apr 26	Friday	7:30pm - 9:00pm	16	All Ages	E	Encourage young people to adopt a healthy living style. Exam and other karate membership fee are not included.
EFTC01	Fitness & Yang style [Term 1]	\$56	Jan 5	Feb 23	Saturday	1:00pm - 3:00pm	8	Age 18+	E / C	Strength muscle, balance, physical control and regulate breathing, improve heart function and physical flexibility.
EFTC02	Simplified Tai Chi [Term 2]	\$63	Mar 2	Apr 27	Saturday	1:00pm - 3:00pm	9			

SPORTS DROP IN

Sport	Fee	Weekday	Time
Badminton	\$5/person or \$20 Monthly Pass	Wednesday Saturday	7:00pm - 10:00pm 4:00pm - 7:00pm
Basketball	\$7/person	Wednesday Saturday	4:00pm - 6:30pm 7:00pm - 9:30pm
Pickleball	\$4/person	Monday Thursday	1:30pm - 3:30pm 1:30pm - 3:30pm
Table Tennis	\$5/person or \$15 Monthly Pass	Wednesday Saturday	7:00pm - 10:00pm 4:00pm - 7:00pm

Lang. * E - English C - Cantonese M - Mandarin K - Korean

January to April, 2019



Activities & Programs



105 Gibson Centre is a Christian faith-based community centre devoted to bringing positive changes to the surrounding neighborhood through a wide range of social services which include: Youth Services, Abundant Life Institute, Community Classroom, Community Needs (food bank, thrift store, free tax clinic), Out of the Cold, Sports Program and other recreational activities.

Important Note: Participants must consult their family doctor before enrolling in any class of physical activities.



Code	Course Name	Fee	Start Date	End Date	Weekday	Time	# Classes	Age	Lang. *	Remarks
MSC01 MSC02	Singing Class Singing Class	[Term 1] \$42 [Term 2] \$54	Jan 7 Mar 4	Feb 25 Apr 29	Monday Monday	7:30pm - 9:00pm 7:30pm - 9:00pm	7 9	18+	C	Improve vocal techniques, diction and breathing through singing of Cantonese pops and gospel songs.
MVTW01 MVTW02	Adult Vocal Training Adult Vocal Training	[Term 1] \$100 [Term 2] \$100	Jan 9 Mar 6	Feb 27 Apr 24	Wednesday Wednesday	7:00pm - 9:00pm 7:00pm - 9:00pm	8 8	18+	C	Learn, practice and improve singing techniques and build self-confidence through singing Chinese pop songs. Taught by an award winning singer.
MGVSA01 MGVSA02	Good Voice Singing Class A Good Voice Singing Class A	[Term 1] \$63 [Term 2] \$72	Jan 17 Mar 7	Feb 28 Apr 25	Thursday Thursday	6:30pm - 8:30pm 6:30pm - 8:30pm	7 8	18-65	E / C / M	Using "The Royal Conservatory of Music" voice syllabus material and karaoke music, students learn to sing, understand and improve singing techniques.
MGVSB01 MGVSB02	Good Voice Singing Class B Good Voice Singing Class B	[Term 1] \$63 [Term 2] \$72	Jan 17 Mar 7	Feb 28 Apr 25	Thursday Thursday	7:30pm - 9:30pm 7:30pm - 9:30pm	7 8			
MVTF01 MVTF02	Adult Vocal Training Adult Vocal Training	[Term 1] \$87.5 [Term 2] \$100	Jan 11 Mar 8	Feb 22 Apr 26	Friday Friday	7:00pm - 8:30pm 7:00pm - 8:30pm	7 8	18+	C	Learn, practice and improve singing techniques and build self-confidence through singing Chinese pop songs. Taught by an award winning singer.
MVI01 MVI02	Fun with the Violin Intermediate Fun with the Violin Intermediate	[Term 1] \$64 [Term 2] \$64	Jan 5 Mar 2	Feb 23 Apr 27	Saturday Saturday	9:30am - 10:30am 9:30am - 10:30am	8 8	All Ages	E / C / M	
MVB01 MVB02	Fun with the Violin Basic Fun with the Violin Basic	[Term 1] \$64 [Term 2] \$64	Jan 5 Mar 2	Feb 23 Apr 27	Saturday Saturday	10:30am - 11:30am 10:30am - 11:30am	8 8	All Ages	E / C / M	Learn basic techniques in playing violin, fundamentals of reading music, and understanding music theory. Must bring own violin and music stand.
MVJ01 MVJ02	Fun with the Violin Junior Fun with the Violin Junior	[Term 1] \$40 [Term 2] \$40	Jan 5 Mar 2	Feb 23 Apr 27	Saturday Saturday	11:30am - 12:00pm 11:30am - 12:00pm	8 8	5-10		
MES01 MES02	Fun with the Erhu Basic Fun with the Erhu Basic	[Term 1] \$64 [Term 2] \$64	Jan 5 Mar 2	Feb 23 Apr 27	Saturday Saturday	12:00pm - 1:00pm 12:00pm - 1:00pm	8 8	All Ages	E / C / M	Learn basic techniques in playing erhu, fundamentals of reading simplified and traditional music, and music theory. Must bring own erhu and music stand.

Code	Course Name	Fee	Start Date	End Date	Weekday	Time	# Classes	Age	Lang. *	Remarks
AMT	A Meal Together	Free	Jan 10	Jun 6	Thursday	3:30pm - 7:30pm	-	Ages 14-22	E	Build friendship through sharing a free meal with youths in the community. Sports activity available. Limited seating. 24 hours advance booking required.
YSI	Youth Success Initiatives	Free	Jan 12	Jun 8	Saturday	10:00am - 11:30am or 11:30am - 1:00pm	-	Grades 9-12	E	Free tutoring services in math, science or ESL in the Ontario curriculum. Offered for high school students in need.

Code	Course Name	Fee	Start Date	End Date	Weekday	Time	# Classes	Age	Lang. *	Remarks
VIGA01	Earth Care Thru Indoor Farming	\$60	Jan 15	Jan 29	Tuesday	7:00pm - 8:30pm	3	8+ & Families	E / C / M	Learn to grow healthy herbs and vegetables in an indoor natural water-based ecosystem. Fee includes materials.
CAP	Financial Literacy Course	\$10	Apr 6	Apr 27	Saturday	10:00am - 12:00pm	3	All Ages	E	Learn how to manage your finance with a cash-based system. Learn about budgeting, saving, giving and preventing debt. Course is designed by award winning debt counselling charity Christians Against Poverty. \$10 refundable upon completion.

Lang. * E - English C - Cantonese M - Mandarin K - Korean

105 Gibson Centre is dedicated to serve all members of the community. Individuals and / or families experiencing financial difficulty may be eligible for assistance. Please call **905.946.8787** to inquire.

Other Services

THRIFT STORE

Selling high quality items at lower cost and encouraging green environmental initiatives. All proceeds support programs and services at the Centre. Please visit www.105gibson.com for store opening hours.

FOOD BANK

Open year-round. If you are in need of food, please call 905.946.8787 ext.107 or email fooddrive@105gibson.com to make an appointment.

105 Gibson Centre FREE Tax Clinic

From March 2 to April 28, a group of trained volunteers will provide free tax return services for individuals and families who meet the following eligibility criteria:

- Individual income less than \$35,000
- Family income less than \$50,000
- No business or rental income
- No investment income
- Foreign properties less than \$100,000

By APPOINTMENT only

Every Saturday and Sunday, March 2 to April 28, 2019
Saturday: 9:30 am to 12:30 pm
Sunday: 2:30 to 5:30 pm

English, Cantonese and Mandarin services available.

Please leave a message at 905-946-8787 ext 168 or email taxclinic@105gibson.com if you meet the above criteria to book.

CULTURAL CAFÉ

Serves drinks, refreshments and light lunches. The renowned HK style milk tea is a must-try! The 105 Gibson Cultural Cafe is operated by Joy Beyond Vision Community and its visually impaired staff.

RENTALS

We offer short- or long-term rental solutions with catering options. Our rooms range from 280 ft² to 6,800 ft² in size, providing you with plenty of options to host your event. For more info, please visit www.105gibson.com or call 905.946.8787.